

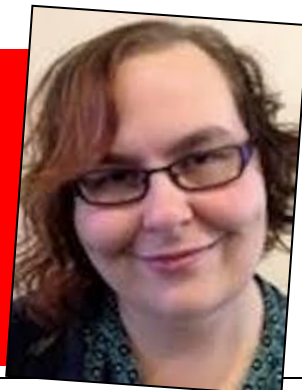


CT Hearing Voices Network

for people who hear voices, see visions
and have other unusual perceptions

Voice Hearers are Invited Public is Invited Clinicians and Providers are Invited
Family Members are Definitely Invited

A New Workshop for Families and People who Work with Children with Rachel (Rai) Waddingham



Children and Voices

May 7th

6:00 pm @ Toivo

399 Franklin Ave, Hartford, CT

Around 22% of 11-13 year olds, and 8% of older teens hear voices that other people don't. For some these experiences are transient or pleasant, perhaps giving support or encouragement during times of stress or insecurity. For others, the voices can become overwhelming - bullying, threatening, distracting, commanding or criticizing them. These distressing voices can leave young people feeling isolated, frightened and struggling at school.

Topics we will cover:

The experience and its impact. Links between voices, visions, emotions and trauma. Different ways of making sense of distressing voices and visions. Ways of challenging the stigma surrounding 'voices' in youth services. Building supportive alliances with young people who hear distressing voices.

Rai directs Mind in Camden's Voice Collective, an innovative project supporting young people who hear voices / see visions in the United Kingdom. She pioneered the first network of peer support groups for people in prison who hear voices. Rai is a trustee of the English Hearing Voices Network & Vice Chair of the International Society for Psychological and Social Approaches to Psychosis UK. Rai is also a voice hearer. [See: www.behindthelabel.co.uk](http://www.behindthelabel.co.uk)

Free!

Limited Seating
To register email
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For more info
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