



Are you critical of the Open Dialogue approach and its development in the UK?

My name is Rachel (Rai) Waddingham. I'm currently in my final year of Open Dialogue UK's three year Open Dialogue Practitioner training. I am seeking people to take part in a study on the perspectives of people who have substantial criticisms of Open Dialogue to form my thesis for this course.

Whilst there has been a surge of interest in Open Dialogue in the UK in recent years, it has also been met with strong critique. Rather than dismiss such critique, I feel it is crucial that we engage with, respect, understand and learn from it.

Who can take part in this study?

I am looking to speak with adults who either:

- ★ have substantial criticisms of any aspect of Open Dialogue (the approach and/or the way it is being developed in the UK)
- ★ have substantial concerns, worries or negative perceptions of any aspect of Open Dialogue

I am happy to speak with people who have personal and/or professional relationships to the mental health field.



What will I be asked to do?

If you decide to take part, I will arrange to meet with you (in person, ideally, or online) so I can talk with you about your perspectives on Open Dialogue. This may take around 1 hour and will consist of an informal interview, guided by a few open questions. You will be given the opportunity to discuss/comment on the understandings I develop during my study, prior to submission.

Your participation will be kept private and confidential, with any quotes used in my thesis will be fully anonymised. You have the right to withdraw at any time. For more information, email me and I will send you a participation information sheet.

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