

UNDERSTANDING THE PRINCIPLES & PRACTICE OF 'OPEN DIALOGUE'

SUPPORTING PEOPLE & THEIR SOCIAL NETWORKS THROUGH CRISIS TO RECOVERY

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ABOUT OPEN DIALOGUE

Open Dialogue combines a way of understanding mental distress, a therapeutic practice and way of organising mental health and social care services. Originating in Western Lapland, and supported by an emerging evidence base that demonstrates exciting recovery outcomes, Open Dialogue is being implemented in a range of settings across the world (including the USA, Denmark, Italy, Australia and Japan).

The approach is systemic at heart, working with the person and those who are important in their lives (e.g. family and/or friends). Its commitment to dialogue, valuing different perspectives, transparency and continuity has inspired passionate support from service users, carers, clinicians and managers alike - leading to its implementation in a number of NHS Trusts and gaining funding for a large RCT.

For more information on Open Dialogue in the NHS, see: <https://youtu.be/-DkfkulqVaM>.

ABOUT THIS WORKSHOP:

This one day event explores:

- **Understanding the Open Dialogue Approach**
 - Its roots and evolution
 - Its principles and key elements
 - Its implementation in different settings
 - Its emerging evidence base
- **Working more dialogically in your own context**
 - Gaining a deeper understanding of key aspects of the approach that can you can apply within your own context (as a peer, family member or clinician).

Suitable for: nurses, social workers, peer support workers, psychiatrists, family members, support workers, OTs, counsellors, CAMHS, managers ...

13TH JULY 2018
9.45 AM - 4.30PM

BIG SHED CONFERENCING
93 COMMERCIAL SQUARE,
FREEMENS COMMON,
LEICESTER, LE2 7SR

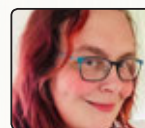


£75 FULL | £50 REDUCED
£20 CONCESSIONS

BUY ONE PLACE, GET ONE FREE*

To support the spread of these ideas and practices, I am offering every person booking onto this course the chance to claim a free place for a colleague, ally or family member. T&C on booking website.

TRAINER: RAI WADDINGHAM



Rai is an international trainer specialising in innovative ways of supporting people who struggle with distressing experiences (including psychosis, trauma and dissociation). She worked in the UK's first NHS Open Dialogue team to combine crisis and community care and has attended the full 3 year Open Dialogue UK practitioner training. Rai has worked with young people, adults and people in prison. Rai also hears voices and has survived many diagnoses.

TO BOOK YOUR PLACE ONLINE, SEE:

www.behindthelabel.co.uk/
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